

# Ghana; West Africa Cultural Expedition



## Expedition Highlights

- Go off the beaten path across the country of Ghana and get to know the people.
- Explore the Coast and observe local fishermen
- Travel on the deck of a Yam boat across Volta Lake
- Dedicate a clean water well we have built with the help of Rotary International for the village Gungabisi
- Look for Elephants, baboons and a host of other animals inside Mole Park Game reserve
- Tour Cape Coast Slave fort, a haunting reminder of the Slave trade
- **11 Days Nov. 15 – 25, 2008**

## Day 1 Accra

Arrive on the Ghana Coast in Sub-Saharan Africa – transfer to beach side hotel in Teshie Nungua. (D)

## DAY 2 Beaches and fishing village

Reception breakfast at the hotel. Tour the beach and small fishing village, observe local fishermen sorting the days catch, pulling in nets and sailing on hand carved ocean going boats. Tour the town of Teshie-Nungua and street market. (B,L,D)

## Day 3 Akosombo market and Yam boat cruise across Lake Volta

Travel to Akosombo Marine in the Volta region, an area of thick dense rain forest. Tour Akosombo market and have lunch. Board the Yapei Queen, a Yam boat connecting remote villages on Volta Lake. Follow the market women home to their many villages. Cruise will last for approximately 30 hours. Accommodation is camping on the deck of the boat. Food is local Ghanaian food. (B,L,D)

## Day 4 Travel on Lake Volta

Travel across Volta Lake on the Yam boat stopping at rural villages and get two thirds of the way across Ghana. Visit the small village of Ketu-Krachi. Food is local Ghanaian food. Arrive in Yeji. (B,L,D)

## Day 5 Bolgatanga

Travel to Bolgatanga in the north of Ghana. Gungabisi village, the recipient for our clean water well, is located near by. Our hotel for the evening is one of our favorites with a great outdoor restaurant (B,L,D)



Photos Top: Gungabisi village, dancing and weaving Bolga baskets, this is the village that we will build a clean water well for this Fall. Right from top; fishermen on the coast – Akosombo market – Yapei Queen yam boat approaching small village on Volta Lake.



### **Day 6 Dedicate a clean water well for Gungabisi & local culture**

Tour Gungabisi village, the recipient of the clean water well for this expedition. Participate in the dedication for the well. Witness Bolga basket weaving, clapping and dancing and tour the village. Other Tours for the day may include Tongo hills, witches village and other area sights. Transport to Azobanna village eco-tourism project. Be welcomed with wango, Kolugo and siyaya dancers, Abongo drummers and Bemema musicians using flutes made from Guinea corn. The northern region of Ghana is known for its painted villages. Stay the night in or on top of a traditional painted mud hut; enjoy local food such as TZ and Zom-Koom and sleep under the African sky. (B,L,D)

### **Day 7 Travel to Mole National Park**

Breakfast in Azobanna. Travel to Mole National Park, Ghana's largest game park with the best opportunity to see wildlife, including Elephants and Baboons. (B,L,D)

### **Day 8 Wildlife Safari**

Enjoy two walking Safaris today. The motel overlooks a water hole visited by Elephants, warthogs, bushbucks and other animals. Outside your room Baboons congregate and swing from trees. The restaurant at the motel is the perfect way to end a days adventure enjoying a cold beverage and meeting other travelers from around the world. (B,L,D)

Photos: top left Elephants in Mole park , Painted village near Bolgatanga – Below: the people of Ghana

### **Day 9**

Travel south towards Cape Coast. Overnight at Bao-Beng Fiema Monkey sanctuary where mono monkeys run through town. (B,L,D)

### **Day 10**

Arrive in Cape coast and tour the slave fort, observe how local fishermen chant and sing while pulling in their nets. Farewell dinner at a beachside restaurant. Lobster may be available. (B,L,D)

### **Day 11**

Breakfast in Cape coast. Travel down the lush rainforest coast past numerous towns and slave forts back to Accra. Fly home and have a wonderful Thanksgiving. (B,L)



### **Information:**

**Expedition cost: \$3,000.00 USD**

Price is per person, double occupancy. Single room add \$400. Price includes all ground transport, accommodation and meals. Also included are entrance fees to all activities, Game park, Slave fort and guide fees. This is an adventure expedition. See terms and conditions for details of cost's.

*Special* Receive a professionally produced video of your expedition.

**541-247-0625 info@makaiohana.com**

## What to expect

Travel in West Africa is an adventure. However, compared to its neighboring countries Ghana is one of the easier destinations to get around and we have personally traveled this route and have enlisted the help of local guides to organize transportation and accommodation requests. Many meals will be eaten at local markets and street food consisting of fried yams, BBQ meats, rice with a meat sauce and continental dishes such as spaghetti. There are two nights camping. 1) on the deck of the Yam boat and 2) on top of a mud hut. Travel here is hot. We will assist you with pre-departure planning to ensure your greatest comfort possible on this life-changing trip.

## A Professionally Produced Video of your Trip

We travel and film the world...now we want to take you with us. Each participant will receive a DVD of the expedition. By booking a reservation with Makai Ohana Expeditions participants agree to allow their images to be used in such photography. Participants who prefer that their image not be used are asked to identify themselves to their expedition manager at the commencement of the trip.

**DVD's will be delivered approximately three months after returning from the expedition.**

## Terms and conditions:

Makai Ohana Expeditions and its designated tour operator and tour administrator shall not be held liable for (A) any damage to, or loss of, property or injury to, or death of, persons occasioned directly or indirectly by an act or omission of any other provider, including but not limited to any defect in any aircraft, watercraft, or vehicle operated or provided by such other provider; and (B) any loss or damage due to delay, cancellation, or disruption in any manner caused by the laws, regulations, acts or failures to act, demands, orders, or interpositions of any government or any subdivision or agent thereof, or by acts of God, strikes, fire, flood, war, rebellion, terrorism, insurrection, sickness, quarantine, epidemics, theft, or any other cause(s) beyond their control. The participant waives any claim against Makai Ohana Expeditions and/or its designated tour operator and tour administrator for any such loss, damage, injury, or death.

By registering for a Makai Ohana Expedition, the participant certifies that he/she does not have any mental, physical, or other condition or disability that would create a hazard for him/herself or other participants. Makai Ohana Expeditions and its designated tour operator reserve the right in their sole discretion to accept, decline to accept, or remove any participant on a Makai Ohana Expedition. Makai Ohana Expeditions and the tour operator reserve the right, without penalty, to make changes in the published itinerary whenever, in their judgment, conditions warrant, or if they deem it necessary for the comfort, convenience, or safety of participants.

Makai Ohana Expeditions, its designated tour operator, nor its tour administrator shall be liable for any air carrier's cancellation penalty incurred by the purchase of a nonrefundable ticket to or from the Participants Makai Ohana Expedition departure city. Baggage and personal effects are at all times the sole responsibility of the participant.

**Basis of Rates:** All prices are based on two persons sharing a room. Prices are quoted in U.S. Dollars. A parent or guardian for the entire journey must accompany anyone under the age of 18. For family groups some cabanas may accommodate up to 4 people and arrangements can be made at the time of booking. A limited number of single rooms are available. We will assist persons requesting a roommate. Participants will be notified if a suitable roommate is not available, in which case the single rate will be charged.

**Included in Expedition cost:** All ground transport, accommodations and meals as indicated in the itinerary (B=breakfast, L=lunch, D=dinner). Pre-departure information, entrance fees, excursions and sightseeing as noted in the itinerary.

**Not included:** International airfare, passport and visa expense, baggage/accident/cancellation insurance; personal expenses, such as laundry, telephone calls, alcoholic beverages and any other items not specifically noted as included.

**Payments, Cancellations and Refunds:** To reserve space on a Makai Ohana Expedition a \$1,000 deposit per person is required at the time of booking. Final payment is due no later than 60 days prior to departure. Makai Ohana reserves the right to cancel a reservation if full payment has not been received by 60 days prior to departure. For reservations made within 60 days of the departure date, full payment is required when the reservation is accepted. All cancellation notices must be received in writing and will become effective as of the date of the postmark. If you cancel 120 days or more prior to departure, a refund less an administrative fee of 25% of your deposit will be made. Per person charges for cancellations that occur less than 120 days prior to departure are as follows: 61-119 days prior to departure: 100% of your deposit amount; 45-60 days prior to departure: 50% of the expedition cost; 44 or fewer days prior to departure: 100% of the expedition cost. Any airline tickets issued are subject to the carriers refund policy. Leaving an expedition in progress, for any reason whatsoever, will not result in a refund, and no refunds will be made for any unused portions of an expedition. Makai Ohana reserves the right to cancel any trip because of inadequate enrollment that makes the trip economically unfeasible to operate or because of good faith concerns with respect to the safety, health or welfare of the participants. If Makai Ohana or its designated tour operator cancels an expedition prior to departure, you will receive a full refund of monies paid to Makai Ohana or its designated tour operator, except in the event the cancellation is due to a major global event, in which case you will receive a refund and/or credit equivalent to monies paid to Makai Ohana or its designated tour operator. If we cancel the trip in progress, you will receive a prorated refund based on the number of days not completed on the expedition.

We will not be responsible for any refund for nonrefundable airline tickets or for any airline tickets purchased by the passenger directly from an airline or travel agent.

Trip cancellation insurance is strongly recommended.

**Itinerary Changes:** The itineraries presented are subject to modification and change by Makai Ohana Expeditions or its designated tour operator. Every reasonable effort will be made to operate programs as planned, but alterations may occur after final itineraries are sent.

**Health Requirements:** You must be in good physical and mental health. Any physical condition, diet, or treatment requiring special attention must be reported in writing when the reservation is made. We strongly urge you to consult a travel doctor prior to departure. Yellow fever vaccination is required to enter Ghana. We highly suggest taking anti-malarial medication. Other considerations include Hepatitis A & B, Typhoid, and MMR. Please consult your doctor and tell them you are traveling to Sub-Saharan Africa.

By registering for a Makai Ohana expedition, and upon payment of deposit, the participant agrees to the terms and conditions herein.

**Make your reservation by calling 541-247-0625 or by email [info@makaiohana.com](mailto:info@makaiohana.com)**